

Association of Medical & Graduate Departments of Biochemistry  
And the Association of Biochemistry Course Directors  
Presents the Second

# Medical Biochemistry Education Strategies Workshop

Ocean Creek Resort, Myrtle Beach, SC

April 25-29, 2009

## Meeting Objectives:

To develop objectives for Medical Biochemistry courses or components of courses

To learn how to effectively utilize interactive teaching methods

To apply adult learning principles to biochemistry teaching

To provide continuing education in recent or controversial areas of medical biochemistry

## Poster Session:

Poster sessions will be an important part of this Workshop

Poster abstracts are encouraged and will be available in the Proceedings of the Workshop. Details for submitting Poster abstracts will be posted on the AMGDB website (AMGDB.org)

**Please Check Our Website for  
Full Agenda and  
Workshop Updates**

[www.amgdb.org/ABCD/index.shtml](http://www.amgdb.org/ABCD/index.shtml)

## Workshop Schedule:

The Workshop will start Saturday, April 25 at 5:00pm

Registration desk will open at 3:00pm  
The Workshop will end on Wednesday, April 29 at 10:30am

## Workshop Location

Ocean Creek Resort  
10600 North Kings Highway  
Myrtle Beach, SC 29598  
Tel: 843-272-7724  
[www.oceancreek.com](http://www.oceancreek.com)



# **Medical Biochemistry Education Strategies Workshop**

**April 25 – April 29, 2009  
Ocean Creek Resort  
Myrtle Beach, SC**

**Sponsored by  
the Association of Biochemistry Course Directors (ABCD) and  
the Association of Medical & Graduate Departments of  
Biochemistry (AMGDB)**

## **Organizing Committee:**

**Janet E. Lindsley, Chair ABCD, University of Utah School of Medicine  
Denise Ferrier, Vice-Chair ABCD, Drexel University College of Medicine  
Emmanuel Atta-Asafo-Adjei, Meharry Medical College  
Sanjay Bidichandani, ABCD Financial Coordinator, University of Oklahoma HSC  
Stephen Chaney, ABCD Website Coordinator, University of North Carolina  
Michael Lea, UMDNJ – New Jersey Medical School  
Michael Lieberman, University of Cincinnati  
Peter Ronner, Thomas Jefferson University**

# Agenda

## **Saturday, April 25**

3:00 - 8:00 pm	<b>Registration Desk Open</b> Staff: <b>Sheilah Jewart</b>	Creekside Foyer
5:30 - 7:00 pm	<b>Welcome Reception</b>	Creekside Patio
7:00 - 10:00 pm	<b>Welcome Dinner</b>	Creekside Room

### **Opening Session:**

**Welcome & Overview: Janet Lindsley, Ph.D.,** University of Utah School of Medicine, Salt Lake City, and Chair of the Association of Biochemistry Course Directors

**Defining Course Content in Biochemistry for Medical Students: Peter Ronner, Ph.D.,** Thomas Jefferson University, Philadelphia

## **Sunday, April 26**

6:30 - 7:45 am      **Buffet Breakfast**      Creekside Room

8:00 - 12:30 pm      **General Session I: Strategies for Teaching and Learning**  
Water Oaks

Moderator: **Denise Ferrier**, Ph.D., Department of Biochemistry and Molecular Biology, Drexel University College of Medicine, Philadelphia

8:00 - 8:45 am      **Use of Team-Based Learning in Teaching Medical Biochemistry - Edward E. McKee**, Ph.D., Department of Biochemistry and Molecular Biology, Indiana University School of Medicine, South Bend

8:45 - 9:30 am      **Educational Uses of Audience Response Systems – Stephen Chaney**, Ph.D., Department of Biochemistry and Biophysics, University of North Carolina School of Medicine, Chapel Hill

9:30 - 9:45 am      **Break**

9:45 - 10:30 am      **Concept Mapping - Mary Wimmer**, Ph.D., and **Andrew K. Shiemke**, Ph.D., Department of Biochemistry, West Virginia University School of Medicine

10:30 - 12:30 pm      **Defining Course Content, Session I**  
(4 working groups; groups receive preliminary topic lists)

### **DNA Replication, Transcription, and Translation**

Water Oaks 1

Moderator: **Michael Lieberman**, Ph.D., University of Cincinnati, Cincinnati

(Topics: structure of DNA, DNA hybridization DNA mutation, DNA repair, DNA replication, DNA-based lab techniques such as PCR, transcription, steroid receptors, nuclear hormone receptors, RNA processing, translation, protein quality control, protein processing and targeting)

### **Fundamentals, Proteins, and Enzymes**

Water Oaks 2

Moderator: **Peter Ronner**, Ph.D., Thomas Jefferson University, Philadelphia

(Topics:  $\Delta G$ ,  $K_{eq}$ ,  $pI$ ,  $pK$ , amino acids, secondary structure elements, folding, domains, motifs, posttranslational modification of proteins, extracellular matrix proteins, collagen, membrane structure, membrane proteins, Michaelis-Menten equation, allostery, enzyme inhibitors, enzyme-linked immunoassay, Western blot)

### **Blood**

Water Oaks 3

Moderator: **Denise Ferrier**, Ph.D., Department of Biochemistry and Molecular Biology, Drexel University College of Medicine, Philadelphia

(Topics: heme metabolism, bilirubin lab values, iron homeostasis, hemoglobin, hemoglobinopathies, hemoglobin electrophoresis, clotting)

### **Carbohydrate Metabolism**

Library

Moderator: **Michael Lea**, Ph.D., UMDNJ - New Jersey Medical School

(Topics: structure of carbohydrates, carbohydrate uptake, glycolysis, pyruvate kinase deficiency, pentose phosphate pathway, glucose 6-phosphate dehydrogenase deficiency, fructose and galactose metabolism, glycogen metabolism, glycogen storage diseases, gluconeogenesis, pyruvate dehydrogenase, citric acid cycle, oxidative phosphorylation)

12:30 - 1:30 pm

**Luncheon**

Water Oaks Patio

### **Afternoon Free**

4:00 - 5:30 pm

**Poster Presentations**

Water Oaks

5:30 - 6:45 pm

**Dinner**

Creekside Room

7:00 - 8:30 pm

## Workshop Sessions

### Workshop 1

Water Oaks 1

**Use of Concept Mapping - Mary Wimmer, Ph.D., and Andrew K. Shiemke, Ph.D.,** Department of Biochemistry, West Virginia University School of Medicine

### Workshop 2

Water Oaks 2

**Resource Exchange Session – Denise Ferrier, Ph.D.,** Department of Biochemistry and Molecular Biology, Drexel University College of Medicine, Philadelphia

### Workshop 3

Water Oaks 3

**Ideas for Being a Highly Effective Course Director - Stephen Chaney, Ph.D.,** Department of Biochemistry and Biophysics, University of North Carolina School of Medicine, Chapel Hill

### Workshop 4

Library

**Sharing and Evaluating Multiple-Choice Questions – Janet Lindsley, Ph.D.,** University of Utah School of Medicine, Salt Lake City

## **Monday, April 27**

- 6:30 - 7:45 am      **Buffet Breakfast**      Creekside Room
- 8:00 - 12:00 noon      **General Session II: Adult Learning and Assessment**  
Water Oaks  
Moderator: **Michael Lea**, Ph.D., UMDNJ - New Jersey  
Medical School
- 8:00 - 9:00 am      **Applying Adult Learning Principles to Basic Science  
Education - Nicole Woods**, Ph.D., Wilson Centre for  
Research in Education and Department of Surgery,  
University of Toronto Faculty of Medicine
- 9:00 - 10:00 am      **Contextual Learning: Developing, Finding and Using  
Clinical Cases - Peter Rubenstein**, Ph.D., University of  
Iowa, College of Medicine
- 10:00 - 10:20 am      **Break**
- 10:20 - 11:00 am      **Assessment of learning: What I Learned from Writing  
Questions for NBME - Janet Lindsley**, Ph.D., University of  
Utah School of Medicine, Salt Lake City
- 11:00 - 11:20 am      **The Use of Team Exams to Enhance Student Learning -  
Dennis Kiick**, Ph.D., Lincoln Memorial University, DeBusk  
College of Osteopathic Medicine, Harrogate
- 11:20 - 12:00 noon      **On-line Resources for Problem-Based Learning: A  
Virtual Guide to Learning for Medical Students - Eric  
Niederhoffer**, Ph.D., Southern Illinois University School of  
Medicine, Carbondale
- 12:00 - 1:00 pm      **Luncheon**      Water Oaks Patio

1:00 - 1:30 pm      **Design, Content, and Utilization of a Web-Based Biochemistry Learning Module - Michael King, Ph.D.,**  
Indiana University, School of Medicine, Terre Haute

1:30 – 3:00 pm      **General Session III: Continuing Education in Medical Biochemistry: Controversial Topics**      Water Oaks  
Moderator: **Emmanuel Atta-Asafo-Adjei, Ph.D.,** Meharry Medical College,  
School of Medicine, Nashville

**Topics:**

Why does a purine nucleoside phosphorylase deficiency lead to a partial immune defect, yet an adenosine deaminase deficiency leads to a full immune defect?-

**Emmanuel Atta-Asafo-Adjei, Ph.D.,** Meharry Medical College, School of Medicine, Nashville

What are the relative contributions of hypercholesterolemia and inflammation to atherosclerosis? Is C-reactive protein a good measure of the inflammation that is associated with atherosclerosis?-

**James Shoemaker, M.D., Ph.D.,** Saint Louis University, School of Medicine, St Louis

What is the cause of hepatic encephalopathy - ammonia alone or with other factors?-

**Peter Rubenstein, Ph.D.,**  
University of Iowa, College of Medicine, Iowa City

What are the most likely biochemical mechanisms of insulin resistance?-

**Alan Diekman, Ph.D.,** University of Arkansas for Medical Sciences, College of Medicine, Little Rock

How does thyroid hormone increase the metabolic rate?-

**Selina Noramly, Ph.D.,** University of Virginia, School of Medicine, Charlottesville

Transcription without a TATA Box?-

**Jane Clifford, Ph.D.,** Drexel University College of Medicine, Philadelphia

3:00 - 3:30 pm      **Break**

3:30 - 5:00 pm      **Workshop Sessions:**

Workshop 1

Water Oaks 1

**Use of Concept Mapping - Mary Wimmer, Ph.D., and Andrew K. Shiemke, Ph.D.,** Department of Biochemistry, West Virginia University School of Medicine



Workshop 2

Water Oaks 2

**Resource Exchange Session – Denise Ferrier, Ph.D.,** Department of  
Biochemistry and Molecular Biology, Drexel University  
College of Medicine, Philadelphia

Workshop 3

Water Oaks 3

**Ideas for Being a Highly Effective Course Director - Stephen Chaney, Ph.D.,**  
Department of Biochemistry and Biophysics, University of  
North Carolina School of Medicine, Chapel Hill

Workshop 4

Library

**Sharing and Evaluating Multiple-Choice Questions – Janet Lindsley, Ph.D.,**  
University of Utah School of Medicine, Salt Lake City

**Evening on Own**

## **Tuesday, April 28**

6:30 - 7:45 am	<b>Buffet Breakfast</b>	Creekside Room
8:00 - 8:30 am	<b>Business &amp; Organizational Meeting I</b> Election of officers (applications due Monday evening)	Water Oaks
8:30 - 9:50	<b>General Session IV - Part 1: Medical Licensure &amp; Accreditation</b> Moderator: Michael Lieberman, Ph.D., University of Cincinnati, Cincinnati	Water Oaks
8:30 - 9:00 am	<b>USMLE Redesign: Fact, Fallacy, and the Future - Peter Katsufarakis, M.D., M.B.A., Associate Vice President for Post-Graduate and Developmental Programs, National Board of Medical Examiners, Philadelphia</b>	
9:00 – 9:10 am	Discussion	
9:10 - 9:40 am	<b>Update from the LCME: New Standards, New Actions, and the Most Commonly Cited Standards - Daniel Hunt, M.D., Secretary and Vice President for Accreditation Services, Liaison Committee on Medical Education</b>	
9:40 – 9:50 am	Discussion	
9:50 - 10:10 am	Break	
10:10 – 12:00 noon	<b>General Session IV - Part 2: Biochemistry in Integrated Curricula – How Do They Fit Together?</b> Moderators: <b>Stephen G Chaney, PhD</b> , University of North Carolina and <b>Sanjay Bidichandani, M.B.B.S., Ph.D.</b> , University of Oklahoma HSC	

### **Discipline-Based Integration Models:**

10:10 – 10:20 am	<b>“Biochemistry in an Integrated Block System - The UNC Experience” - Stephen Chaney, Ph.D., Department of Biochemistry and Biophysics, University of North Carolina School of Medicine, Chapel Hill</b>
10:20-10:30 am	<b>“Molecular Foundations of Medicine: Development of an Interdisciplinary Biochemistry-Based Course” - Neil Osheroff, Ph.D., Department of Biochemistry, Vanderbilt University School of Medicine, Nashville TN</b>

10:30 – 10:40 am Discussion-Other Discipline-Based Models

### **Organ System-Based Integration Models**

10:40 – 10:50 am **“Organ-Systems-Based Integration of Biochemistry; The Best and Worst Of Times”** – Eric Neiderhoffer, Ph.D., Department of Biochemistry and Molecular Biology, Southern Illinois University School of Medicine, Carbondale IL

### **Medical Condition-Based Integration Models**

10:50-11:00 am **“Northern Lytes”** – Andrew Don-Wauchope, MD., Department of Pathology and Molecular Medicine, McMaster University Medical Center

11:00 – 11:10 Discussion – Other Organ System- & Medical Condition-Based Models

### **Other Integration Models**

11:10 - 11:20 am **“Early Attempts at Integrating Biochemistry into a Clinically Oriented Curriculum”** - Sanjay Bidichandani, M.B.B.S., Ph.D., University of Oklahoma HSC, Oklahoma City OK

11:20-11:30 am **“Six Steps to Curriculum Integration”** – Chin-To Fong, MD., School of Medicine and Dentistry, University of Rochester

11:30 - 12:00 noon Open Discussion: Teaching of Medical Biochemistry in Integrated Curricula

12:00 - 1:00 pm **Luncheon** Water Oaks Patio

1:00 - 3:00 pm      **Defining course content, Session II**  
(4 working groups; groups receive preliminary topic lists)

**Lipid metabolism**

Water Oaks 1

Moderator: **Stephen Chaney**, Ph.D., Department of Biochemistry and Biophysics, University of North Carolina School of Medicine, Chapel Hill  
(Topics: fatty acid synthesis, synthesis of eicosanoids, fatty acid oxidation and associated disorders, synthesis and degradation of sphingolipids, synthesis and oxidation of ketones, triglycerides, synthesis and function of cholesterol, lipid transport via lipoprotein particles, hyperlipidemias and hypolipidemias, synthesis of steroids, congenital adrenal hyperplasias, metabolism of ethanol)

**Signaling, hormones, and diabetes**

Water Oaks 2

Moderator: **Michael Lieberman**, Ph.D., University of Cincinnati, Cincinnati  
(Topics: signaling via intracellular receptors, signaling via cell-surface receptors, G-proteins and G-protein-coupled receptors, growth factors and enzyme-linked receptors, insulin, glucagon, cortisol, epinephrine, norepinephrine, thyroid hormones, gonadotropins)

**Protein and amino acid metabolism**

Water Oaks 3

Moderator: **Peter Ronner**, Ph.D., Thomas Jefferson University, Philadelphia  
(Topics: digestion of protein, absorption of amino acids and small peptides, whole-body protein synthesis and degradation, transport of amino acids, cystinosis, cystinuria, Hartnup disease (vs. pellagra), metabolism of phenylalanine and tyrosine, metabolism of tryptophan, metabolism of branched-chain amino acids, production of glutamine and alanine, disposal of nitrogen, urea cycle, nitrogen balance, pyridoxal phosphate, tetrahydrobiopterin, newborn screening)

**Nucleotide metabolism**

Library

Moderator: **Janet Lindsley**, Ph.D., University of Utah School of Medicine, Salt Lake City  
(Topics: one-carbon metabolism, activated methyl-group pathway, transsulfuration pathway, folate deficiency, cobalamin deficiency, vitamin B<sub>6</sub> deficiency, pyrimidine nucleotides, chemotherapy, purine nucleotides, hyperuricemia, gout, tumor lysis syndrome, Lesch Nyhan syndrome)

3:00 - 3:30 pm      **Break**

3:30 - 4:15 pm      **Business & Organizational Meeting II**      Water Oaks  
Topics for the next meeting  
Moderators: as elected in the morning

**Remaining Afternoon Free**

7:00 - 10:00 pm      **Farewell Dinner**      Creekside Room

**Janet Lindsley**, Ph.D., University of Utah School of  
Medicine, Salt Lake City; Chair, Association of Biochemistry  
Course Directors  
**Denise Ferrier**, Ph.D., Department of Biochemistry and  
Molecular Biology, Drexel University College of Medicine,  
Philadelphia; Vice-Chair, Association of Biochemistry Course  
Directors

**Wednesday, April 29**

- 6:30 - 7:45 am      **Buffet Breakfast**      Creekside Room
- 8:00 - 9:00 am      **Strategies for Bringing Basic Science Back to the Third and Fourth Years of Medical School.**      Water Oaks  
Moderators:  
**Stephen Chaney**, Ph.D., Department of Biochemistry and Biophysics, University of North Carolina School of Medicine, Chapel Hill  
**Michael Lieberman**, Ph.D., University of Cincinnati, Cincinnati
- 9:00 - 10:30 am      **Defining Course Content, Session III**      Water Oaks  
(Discuss and finalize objectives)  
Moderator: **Peter Ronner**, Ph.D., Thomas Jefferson University, Philadelphia
- 11:00 am      **Check out / Departures**  
Sign up to Share Taxis to Airport

Time	Saturday	Sunday	Monday	Tuesday	Wednesday
6:00 am		Buffet Breakfast, Creekside Room			
7:00 am		Buffet Breakfast, Creekside Room			
8:00 am		General Session I: Strategies for Teaching and Learning (TBL, audience response, concept mapping) <i>(Water Oaks)</i>	General Session II: Adult Learning and Assessment (adult learning, contextual learning, assessment of learning, online resources for PBL) <i>(Water Oaks)</i>	ABCD Business Mtg I <i>(Water Oaks)</i>	Basic Science in Years 3 and 4 <i>(Water Oaks)</i>
9:00 am					
10:00 am		Defining Course Content I (4 groups; <i>Water Oaks 1-3, Library</i> )	Luncheon <i>(Water Oaks Patio)</i>	Luncheon <i>(Water Oaks Patio)</i>	
11:00 am					Luncheon <i>(Water Oaks Patio)</i>
12:00 pm		(Free)	(Break)	(Break)	
1:00 pm					Registration Desk open (until 8:00 pm; <i>Creekside Foyer</i> )
2:00 pm		Poster Presentations <i>(Water Oaks)</i>	(Free)	(Free)	
3:00 pm					Dinner
4:00 pm		Welcome Reception <i>(Creekside Patio)</i>	Workshop Sessions: Concept mapping, Resource exchange, Effective course directorship, MCQs <i>(Water Oaks 1-3, Library)</i>		
5:00 pm				Welcome Dinner and Opening Session <i>(Creekside Room)</i>	Farewell Dinner <i>(Creekside Room)</i>
6:00 pm	Welcome Dinner and Opening Session <i>(Creekside Room)</i>	Farewell Dinner <i>(Creekside Room)</i>			
7:00 pm			Welcome Dinner and Opening Session <i>(Creekside Room)</i>	Farewell Dinner <i>(Creekside Room)</i>	
8:00 pm	Welcome Dinner and Opening Session <i>(Creekside Room)</i>	Farewell Dinner <i>(Creekside Room)</i>			
9:00 pm			Welcome Dinner and Opening Session <i>(Creekside Room)</i>	Farewell Dinner <i>(Creekside Room)</i>	

